

Smart Bracelet

User Manual



It's small and discreet enough to wear all day. It accurately tracks your daily steps, distance, calories burned, and activity level via 3-d motion sensor and altimeter technology.

Features:

- Smart Bracelet is compatible with many phones and pads equipped with Bluetooth 4.0 and running Android 4.3 or later, or iOS 7.0 or later:
iPhone4S/5/5S/5C/6,iPad3,iPad Mini , iPad Air, iPod touch5(iOS7.0 or later)
Samsung S3/S4 /Note3,HTC One,
Nexus5/7,etc
- Track Sleep including total hours, time to fall asleep, number of light sleep
- Track Activity including steps, distance, calories burned, activity timing.
- Set goals, view progress and earn badges
- Syncs automatically to your smart phones and tablets via Bluetooth 4.0

【App download】

The smart bracelet stores your exercise data and the app analyze those data. Turn on your phone or pad, scan QR Code to download and install the smart bracelet app.

QR-Codes:



Android



iOS

First time for your use, you must enter your ‘personal information’ completed. For accurate counting your calories, mileage and health data, each is required! Or, you can’t run the application, error appears.

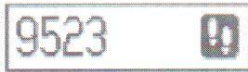
【BT connection】



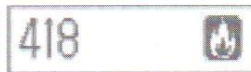
1. Turn on the Bluetooth of your phone, and run the “Smart Bracelet” app;
2. Enter the “Sync” interface, turn on “Bluetooth Connect”;
3. Click the “all-purpose button”, lighting the OLED screen, the app will connect with the bracelet automatically.
4. First of all, click “Sync the time” on the app to sync the time of the bracelet. You can sync the target, sports and sleep data the same way.

【User Interface】

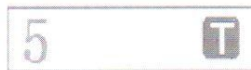
1. Press the switch button and entering the “**Pedometer**” interface, you can see your sports result there.



2. Press the switch button and enter the “**Calories Burned**” interface, you can see your completed calories burned there. The burning of calories depends on your height and weight, so you should set your real height and weight.



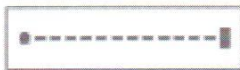
3. Press the switch button and enter the “**Active Time**” interface, it timing how long you moving or taking exercise.



4. Press the switch button and enter the “**Distance**” interface, you can see your activity distance there. The distance depends on your step length, so you should set your step length (we default 30cm) .



5. Press the switch button and enter the “**Target**” interface, you can see your completed target there.



Note: You can set the sports target by APP, click step counter target synchronization then it works. The bracelets can store 30 days' data, when over 30 days, the new data will cover those old ones, but the data synchronized to the APP can keep all the way.

【Sleep】

Press on the switch button for **three seconds** to start the **Sleep Mode**. Just wear the bracelet when you sleeping. You can see your sleep status the next morning, the following marks represent your sleep quality.



Click “**Sync the data**” on the app, it syncs your sleep data. Then, the app will show you how long and how well your sleep is.

【Battery】

This bracelet have built in non-removable lithium

battery, when it appears , it means the

power is full. When it appears , it

means the remaining charge is insufficient, you need to charge the bracelets right now. This smart bracelet will be fully charged within **one hour**, it is very convenient and quickly.





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